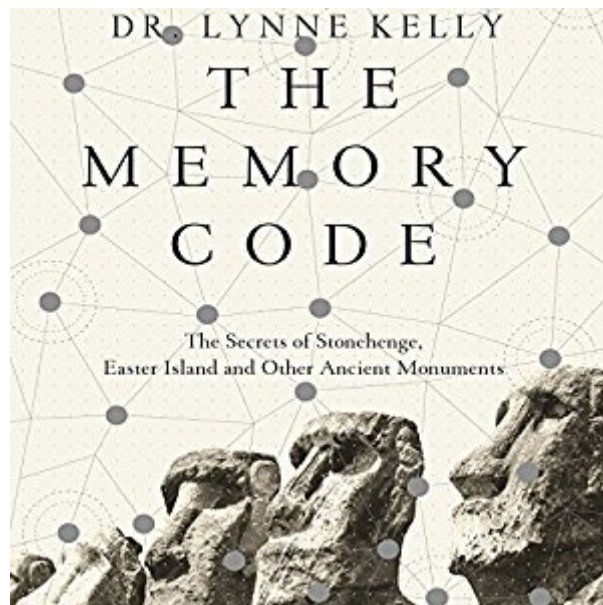




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The Memory Code: The Secrets Of Stonehenge, Easter Island And Other Ancient Monuments



Synopsis

The discovery of a powerful memory technique used by our Neolithic ancestors in their monumental memory places - and how we can use their secrets to train our own minds. In ancient, pre-literate cultures across the globe, tribal elders had encyclopedic memories. They could name all the animals and plants across a landscape, identify the stars in the sky, and recite the history of their people. Yet today, most of us struggle to memorize more than a short poem. Using traditional Aboriginal Australian song lines as a starting point, Dr. Lynne Kelly has since identified the powerful memory technique used by our ancestors and indigenous people around the world. In turn, she has then discovered that this ancient memory technique is the secret purpose behind the great prehistoric monuments like Stonehenge, which have puzzled archaeologists for so long. The henges across northern Europe, the elaborate stone houses of New Mexico, huge animal shapes in Peru, the statues of Easter Island - these all serve as the most effective memory system ever invented by humans. They allowed people in non-literate cultures to memorize the vast amounts of information they needed to survive. But how? For the first time, Dr. Kelly unlocks the secret of these monuments and their uses as "memory places" in her fascinating book. Additionally, The Memory Code also explains how we can use this ancient mnemonic technique to train our minds in the tradition of our forbearers.

Book Information

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Customer Reviews

I loved The Memory Code. I loved the book. I loved the audiobook. Does that sound like a fan girl?!

have recommended this book to many people. It is the best book I've read this year. I read a lot and seldom use the term "best" for any book. It's brilliant and makes a reader rethink what we call "pre-history" and gives tips to improve memory (a topic on the minds of many people).

This book identifies a breakthrough concept, which will deepen your appreciation of pre-literate cultures and how they encoded knowledge and passed it through the generations. This book also exposed me to learning techniques which I had forgotten from my childhood.

Brilliant.

yes. Brilliant. It is possible to store and recall vast stores of data in memory with memory techniques. This is well known. Yet still these techniques are often taught as if the only value is to become a more proficient...machine. Enhanced productivity is, unfortunately, the sign of the times. Yes it is valuable. Yet, Lynne Kelly came to this from the anthropological side, and through self-experimentation and immersion (rather than remotely assessing cultures from her head), demonstrates that these techniques can change how we are in this world. This is so refreshing--she does the work on herself to understand the cultures from the inside. She demonstrates what's possible...The way a culture stores its information about itself and what it has learned in the world entirely shapes how it interacts in the world (and vice versa. The modern world catalogues and dissects reality "objectively"--something outside itself, and from which it stands apart. "Pre-history", that is, non-literate cultures, maintained their information through story, using techniques, in a way which fundamentally connects the person to the phenomenal world. Observing from the outside (incorrectly, as the author asserts) we have generally dismissed oral cultures as superstitious child's play. I began to wonder who are truly the Barbarians...

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